












# Self-Referral to the School Counselling Service



For young people aged 12+

If you are interested in meeting with the counsellor in your school, find your school in the table below. You can contact your school counsellor either by emailing them or by scanning the QR code for your school and filling in a short online form. Once the counsellor receives either of these from you, they will be in touch with you to arrange an initial meeting.

School	QR Code	Email Address
Aboyne Academy		<a href="mailto:aboyneacademy.counselling@aberdeenshire.gov.uk">aboyneacademy.counselling@aberdeenshire.gov.uk</a>
Alford Academy		<a href="mailto:alfordacademy.counselling@aberdeenshire.gov.uk">alfordacademy.counselling@aberdeenshire.gov.uk</a>
Banchory Academy		<a href="mailto:banchoryacademy.counselling@aberdeenshire.gov.uk">banchoryacademy.counselling@aberdeenshire.gov.uk</a>
Banff Academy		<a href="mailto:banffacademy.counselling@aberdeenshire.gov.uk">banffacademy.counselling@aberdeenshire.gov.uk</a>
Ellon Academy		<a href="mailto:ellonacademy.counselling@aberdeenshire.gov.uk">ellonacademy.counselling@aberdeenshire.gov.uk</a>

Fraserburgh Academy		<a href="mailto:Fraserburghacademy.counselling@aberdeenshire.gov.uk">Fraserburghacademy.counselling@aberdeenshire.gov.uk</a>
The Gordon Schools		<a href="mailto:thegordonschools.counselling@aberdeenshire.gov.uk">thegordonschools.counselling@aberdeenshire.gov.uk</a>
Inverurie Academy	<p>Inverurie Academy Counselling - Self Referral</p> 	<a href="mailto:Inverurieacademy.counselling@aberdeenshire.gov.uk">Inverurieacademy.counselling@aberdeenshire.gov.uk</a>
Kemnay Academy	<p>Kemnay Academy Counselling - Self Referral</p> 	<a href="mailto:kemnay.counselling@aberdeenshire.gov.uk">kemnay.counselling@aberdeenshire.gov.uk</a>
Mackie Academy	<p>Mackie Academy School Counselling</p> 	<a href="mailto:Mackieacademy.counselling@aberdeenshire.gov.uk">Mackieacademy.counselling@aberdeenshire.gov.uk</a>
Mearns Academy	<p>Counselling - Self Referral Mearns Academy</p> 	<a href="mailto:mearnsacademy.counselling@aberdeenshire.gov.uk">mearnsacademy.counselling@aberdeenshire.gov.uk</a>

Meldrum Academy		meldrum.counselling@aberdeenshire.gov.uk
Mintlaw Academy	<p>MINTLAW COUNSELLING SELF REFERRAL</p> 	mintlaw.counselling@aberdeenshire.gov.uk
Peterhead Academy		<a href="mailto:Peterheadacademy.counselling@aberdeenshire.gov.uk">Peterheadacademy.counselling@aberdeenshire.gov.uk</a>
Portlethen Academy	<p>Counselling Self Referral Portlethen Academy</p> 	portlethenacademy.counselling@aberdeenshire.gov.uk
Turriff Academy	<p>TURRIFF COUNSELLING - SELF REFERRAL</p> 	turriff.counselling@aberdeenshire.gov.uk
Westhill Academy	<p>Westhill Academy Counselling - Self Referral</p> 	westhillacademy.counselling@aberdeenshire.gov.uk