EARLY LEVEL EXPERIENCES + OUTCOMES - YEAR 1

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| **Expressive arts** |
| I have experienced the energy and excitement of presenting/ performing for audiences and being part of an audience for other people's presentations/performances. **EXA 0-01a** | I have the freedom to discover and choose ways to create images and objects using a variety of materials.**EXA 0-02a** | I can create a range of visual information through observing and recording from my experiences across the curriculum.**EXA 0-04a** | I have the opportunity and freedom to choose and explore ways that I can move rhythmically, expressively and playfully. **EXA 0-08a** |
| I can respond to the experience of dance by discussing my thoughts and feelings. I can give and accept constructive comment on my own and others' work.**EXA 0-11a** | I have the freedom to choose and explore how I can use my voice, movement, and expression in role play and drama.**EXA 0-12a** | I enjoy singing and playing along to music of different styles and cultures.**EXA 0-16a** | Inspired by a range of stimuli and working on my own and/ or with others, I can express and communicate myideas, thoughts and feelings throughmusical activities. **EXA 0-1Sa** |
| **Sciences** |
| I have observed living things in the environment over time and am becoming aware of how they depend on each other.**SCN 0-01a** | I have helped to grow plants and can name their basic parts. I can talk about how they grow and what I need to do to look after them. **SCN 0-03a** | I can identify my senses and use them to explore the world around me. **SCN 0-12a** | I can talk about science stories to develop my understanding of science and the world around me. **SCN 0-20a** |
| I recognise that we have similarities and differences but are all unique. **HWB 0-47a** | I am aware of my growing body and I am learning the correct names for its different parts and how they work. **HWB 0-47b** |  |  |
| **Social studies** |
| I am aware that different types of evidence can help me to find out about the past. **SOC 0-01a** | I can make a personal link to the past by exploring items or images connected with important individuals or special events in my life. **SOC 0-02a** | I explore and discover the interesting features of my local environment to develop an awareness of the world around me. **SOC 0-07a** | I have experimented with imaginative ways such as modelling and drawing, to represent the world around me, the journeys I make and the different ways Ican travel. **SOC 0-09a** |
| I am aware that different types of evidence can help me to find out about the world around me. **SOC 0-15a** | I make decisions and take responsibility in my everyday experiences and play, showing consideration for others.**SOC 0-17a** | Within my everyday experiences and play, I make choices about where I work, how I work and who I work with.**SOC 0-18a** | I explore and discover where foods come from as I choose, prepare and taste different foods **HWB 0-35a** |
| **Technologies *(Digital Literacy E+Os are covered every year as an integral part of learning and teaching)*** |
| I enjoy exploring and working with foods in different contexts TCH 0-04a | I enjoy experimenting with a range of textiles TCH 0-04b | I can share their thoughts with others to help further develop ideas and solve problems. TCH 0-04c |  |
| I explore ways to design and construct models. TCH 0-09a | I explore everyday materials in the creation of pictures/ models/ conceptsTCH 0-10a | I explore and discover different ways of representing ideas in imaginative ways.TCH 0-11a | I explore a variety of products covering a range of engineering disciplines.TCH 0-12a |

Starting Session :

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| By investigating the range of foods available I can discuss how they contribute to a healthy diet. **HWB 1-30a** | I explore and discover where foods comefrom as I choose, prepare and taste different foods. **HWB 0-35a** |  |  |
| **Religious and Moral Education** |
| As I explore Christian stories, images, music and poems, I am becoming familiar with some beliefs Christian people haveabout God and Jesus. **RME 0-01a** | As I play and learn, I am developing my understanding of what is fair and unfair and the importance of caring for, sharingand cooperating with others. RME 0.02a | I am becoming aware of the importance of celebrations, festivals and customs in Christian people's lives. **RME 0-03a** | As I explore stories, images, music and poems, I am becoming familiar with the beliefs of the world religions I am learningabout. **RME 0-04a** |
| As I play and learn, I am developing my understanding of what is fair and unfair and the importance of caring for, sharing and cooperating with others. **RME 0-05a** | I am becoming aware of the importance of celebrations, festivals and customs in religious people's lives. **RME 0-06a** | I am developing respect for others and my understanding of their beliefs and values.**RME 0-07a** | As I play and learn, I am developing my understanding of what is fair and unfairand why caring and sharing are important. **RME 0-09a** |
| **Health & Wellbeing** |
| I am aware of and able to express my feelings and am developing the ability to talk about them. **HWB 0-01a** | I know that we all experience a variety of thoughts and emotions that affect how we feel and behave and I am learning ways of managing them. **HWB 0-02a** | I understand that there are people I can talk to and that there are a number of ways in which I can gain access to practical and emotional support to helpme and others in a range of circumstances. **HWB 0-03a** | I understand that my feelings and reactions can change depending upon what is happening within and around me. This helps me to understand my own behaviour and the way others behave.**HWB 0-04a** |
| I know that friendship, caring, sharing, fairness, equality and love are important in building positive relationships. As I develop and value relationships, I care and show respect for myself and others.**HWB 0-05a** | I can describe some of the kinds of work that people do and I am finding out about the wider world of work. **HWB 0-20a** | I am learning to move my body well, exploring how to manage and control it and finding out how to use and share space. **HWB 0-21a** | I am developing my movement skills through practice and energetic play.**HWB 0-22a** |
| I am aware of my own and others' needs and feelings especially when taking turns and sharing resources. I recognise theneed to follow rules. **HWB 0-23a** | By exploring and observing movement, Ican describe what have learned about it.**HWB 0-24a** | I am enjoying daily opportunities to participate in different kinds of energetic play, both outdoors and indoors.**HWB 0-25a** | I know that being active is a healthy way to be. **HWB 0-27a** |
| I can describe how I feel after taking part in energetic activities and I am becoming aware of some of the changes that take place in my body. **HWB 0-28a** | I enjoy eating a diversity of foods in a range of social situations. **HWB 0-29a** | Together we enjoy handling, tasting, talking and learning about different foods, discovering ways in which eating and drinking may help us to grow and keep healthy. **HWB 0-30a** | I know that people need different kinds of food to keep them healthy. **HWB 0-32a** |
| I am becoming aware of how cleanliness, hygiene and safety can affect health and wellbeing and I apply this knowledge in my everyday routines such as taking care of my teeth. **HWB 0-33a** | I explore and discover where foods come from as I choose, prepare and taste different foods. **HWB 0-35a** | I am aware of how friendships are formed and that likes, dislikes, special qualities and needs can influence relationships.**HWB 0-44a** | I understand positive things about friendships and relationships but when something worries or upsets me I know who I should talk to. **HWB 0-44b** |

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| I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults.**HWB0-45a** | I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and non-verbal communication.**HWB 0-45b** | I recognise that we have similarities and differences but are all unique.HWB **0-47a** | I am aware of my growing body and I am learning the correct names for its different parts and how they work. **HWB 0-47b** |
| I am learning what I can do to look after my body and who can help me.**HWB 0-48a** | I am learning about respect for my body and what behaviour is right and wrong. I know who I should talk to if I am worried about this. **HWB 0-49a** | I am learning about where living things come from and about how they grow, develop and are nurtured.**HWB 0-50a** | I am able to show an awareness of the tasks required to look after a baby.**HWB 0-51a** |
| **Foundation Milestones** |
| Self and Emotions- Regulation |
| * Attempts to self soothe (may be unconventional)
 | * Tolerates an adult's attempts to intervene when distressed
 | * Accepts redirection when distressed
 | * Uses a range of sensory stimuli, objects and/or activities to self soothe at the direction of others
 |
| * Responds to adult support when distressed
 | * Selects a range of sensory stimuli, objects and/or activities to self

soothe | * Seeks adult support when distressed
 | * Begins to regulate emotional response by using a range of

sensory stimuli, objects, people and/or activities |
| Gross Motor Skills |
| * Shows an awareness of different body parts
 | * Demonstrates control of a body part (for example, stays still, turns head towards a stimulus or reaches hand towards a switch)
 | * Maintains a position (on side, sitting, standing etc.)
 | * Transitions in and out of a position (sitting, standing etc.)
 |
| * Transitions out with centre of gravity and returns
 | * Travels in different ways (crawling, bottom shuffling, rolling, sliding, walking etc.)
 | * Moves in a range of directions

e.g. reaches or moves forward, backwards or sideways | * Starts to control speed of movement
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| * Starts to control force of movement
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EARLY LEVEL EXPERIENCES + OUTCOMES - YEAR 2

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| **Expressive arts** |
| I have experienced the energy and excitement of presenting/ performing for audiences and being part of an audience for other people's presentations/performances. **EXA 0-01a** | Working on my own and with others, I use my curiosity and imagination to solve design problems. **EXA 0-06a** | I have opportunities to enjoy taking part in dance experiences. **EXA 0-10a** | Inspired by a range of stimuli, I can express and communicate my ideas, thoughts and feelings through drama.**EXA 0-13a** |
| I use drama to explore real and imaginary situations, helping me to understand my world. **EXA 0-14a** | I have the freedom to use my voice, musical instruments and music technology to discover and enjoy playingwith sound and rhythm. **EXA 0-17a** |  |  |
| **Sciences** |
| I have experienced, used and described a wide range of toys and common appliances. I can say 'what makes it go' and say what they do when they work.**SCN 0-04a** | By investigating how water can change from one form to another, I can relate my findings to everyday experiences.**SCN 0-05a** | Through everyday experiences and play with a variety of toys and other objects, I can recognise simple types of forces and describe their effects. **SCN 0-07a** | Through creative play, I explore different materials and can share my reasoning for selecting materials for different purposes.**SCN 0-15a** |
| I can talk about science stories to develop my understanding of science and the world around me. **SCN 0-20a** | I recognise that we have similarities and differences but are all unique.**HWB 0-47a** | I am aware of my growing body and I am learning the correct names for its different parts and how they work. **HWB 0-47b** |  |
| **Social studies** |
| I have explored how people lived in the past and have used imaginative play to show how their lives were different from my own and the people around me.**SOC 0-04a** | I explore and appreciate the wonder of nature within different environments and have played a part in caring for the environment. **SOC 0-08a** | I make decisions and take responsibility in my everyday experiences and play, showing consideration for others.**SOC 0-17a** | Within my everyday experiences and play, I make choices about where I work, how I work and who I work with.**SOC 0-18a** |
| I explore and discover where foods come from as I choose, prepare and taste different foods. **HWB 0-35a** |  |  |  |
| **Technologies *( Digital Literacy E+Os are covered every year* as *an integral part of learning and teaching)*** |
| I enjoy playing with and exploring technologies to discover what they can do and how they can help us. TCH 0-05a | To help care for the environment, I reduce, re-use and recycle the resources I use. TCH 0-06a | I understand how local shops and services use technologies to provide us with what we need and want in our daily lives. TCH 0-07a |  |

Starting Session

# I

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| **Religious and Moral Education** |
| As I explore Christian stories, images, music and poems, I am becoming familiar with some beliefs Christian people have aboutGod and Jesus. **RME 0-01a** | As I play and learn, I am developing my understanding of what is fair and unfair and the importance of caring for, sharingand cooperating with others. **RME 0-02a** | I am becoming aware of the importance of celebrations, festivals and customs in Christian people's lives. **RME 0-03a** | As I explore stories, images, music and poems, I am becoming familiar with the beliefs of the world religions Iam learning about. **RME 0-04a** |
| As I play and learn, I am developing my understanding of what is fair and unfair and the importance of caring for, sharing and cooperating with others. **RME 0-05a** | I am becoming aware of the importance of celebrations, festivals and customs in religious people's lives. **RME 0-06a** | I am developing respect for others and my understanding of their beliefs and values. **RME 0-07a** | As I play and learn, I am developing my understanding of what is fair and unfair and why caring and sharing are important. **RME 0-09a** |
| **Health & Wellbeing** |
| I understand the importance of mental wellbeing and that this can be fostered and strengthened through personal coping skills and positive relationships. I know that it is not always possible to enjoy good mental health and that if this happens there issupport available. **HWB 0-06a** | I am learning skills and strategies which will support me in challenging times, particularly in relation to change and loss.**HWB 0-07a** | I understand that people can feel alone and can be misunderstood and left out by others. I am learning how to give appropriate support. **HWB 0-08a** | As I explore the rights to which I and others are entitled, I am able to exercise these rights appropriately and accept the responsibilities that go with them. I show respect for therights of others **HWB 0-09a** |
| I recognise that each individual has a unique blend of abilities and needs. I contribute to making my school community one which values individuals equally and is awelcoming place for all. **HWB 0-10a** | I make full use of and value the opportunities I am given to improve and manage my learning and, in turn, I can help to encourage learning andconfidence in others. **HWB 0-11a** | Representing my class, school and/or wider community encourages my self­ worth and confidence and allows me to contribute to and participate in society.**HWB 0-12a** | Through contributing my views, time and talents, I play a part in bringing about positive change in my school and wider community. **HWB 0-13a** |
| I value the opportunities I am given to make friends and be part of a group in a range of situations. **HWB 0-14a** | I am developing my understanding of the human body and can use this knowledge to maintain and improve my wellbeingand health. **HWB 0-15a** | I am learning to assess and manage risk, to protect myself and others, and to reduce the potential for harm whenpossible. **HWB 0-1Ga** | I know and can demonstrate how to keep myself and others safe and how to respond in a range of emergencysituations. **HWB 0-17a** |
| I know and can demonstrate how to travel safely. **HWB 0-18a** | In everyday activity and play, I explore and make choices to develop my learning and interests. I am encouraged to use and share my experiences. **HWB 0-19a** | I am learning to move my body well, exploring how to manage and control it and finding out how to use and share space. **HWB 0-21a** | I am developing my movement skills through practice and energetic play.**HWB 0-22a** |
| I am aware of my own and others' needs and feelings especially when taking turns and sharing resources. I recognise the need to follow rules. **HWB 0-23a** | By exploring and observing movement, I can describe what I have learned about it. **HWB 0-24a** | I am enjoying daily opportunities to participate in different kinds of energetic play, both outdoors and indoors.**HWB 0-25a** | I understand there are things I should not touch or eat and how to keep myself safe, and I am learning what is meant by medicines and harmful substances.**HWB 038a** |

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| I can show ways of getting help in unsafe situations and emergencies. **HWB 0-42a** | I am aware of how friendships are formed and that likes, dislikes, special qualities and needs can influence relationships.**HWB 0-44a** | I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults.**HWB 0-45a** |  |
| **Foundation Milestones** |
| Self and Emotions- Regulation |
| * Attempts to self soothe (may be unconventional)
 | * Tolerates an adult's attempts to intervene when distressed
 | * Accepts redirection when distressed
 | * Uses a range of sensory stimuli, objects and/or activities to self soothe at the direction of

others |
| * Responds to adult support when distressed
 | * Selects a range of sensory stimuli, objects and/or activities to self soothe
 | * Seeks adult support when distressed
 | * Begins to regulate emotional response by using a range of sensory stimuli, objects, people

and/or activities |
| Gross Motor Skills |
| * Shows an awareness of different body parts
 | * Demonstrates control of a body part (for example, stays still, turns head towards a stimulus or

reaches hand towards a switch) | * Maintains a position (on side, sitting, standing etc.)
 | * Transitions in and out of a position (sitting, standing etc.)
 |
| * Transitions out with centre of gravity and returns
 | * Travels in different ways

(crawling, bottom shuffling, rolling, sliding, walking etc.) | * Moves in a range of directions

e.g. reaches or moves forward, backwards or sideways | * Starts to control speed of movement
 |
| * Starts to control force of movement
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EARLY LEVEL EXPERIENCES + OUTCOMES - YEAR 3

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| **Expressive arts** |
| I have experienced the energy and excitement of presenting/ performing for audiences and being part of an audience for other people's presentations/ performances. **EXA 0-01a** | Inspired by a range of stimuli, I can express and communicate my ideas, thoughts and feelings through activities within art and design. **EXA 0-0Sa** | I can respond to the work of artists and designers by discussing my thoughts and feelings. I can give and accept constructive comment on my own and others' work. **EXA 0-07a** | Inspired by a range of stimuli, I can express my ideas, thoughts and feelings through creative work in dance. **EXA 0-09a** |
| I can respond to the experience of drama by discussing my thoughts and feelings. I can give and accept constructive comment on my own and others' work. **EXA 0-1Sa** | I can respond to music by describing my thoughts and feelings about my own and others' work. **EXA 0-19a** |  |  |
| **Sciences** |
| I have experienced the wonder of looking at the vastness of the sky, and can recognise the sun, moon and stars and link them to daily patterns of life. **SCN 0-06a** | I know how to stay safe when using electricity. I have helped to make a display to show the importance of electricity in our daily lives. **SCN 0-09a** | Through play, I have explored a variety of ways of making sounds. **SCN 0-11a** | I can talk about science stories to develop my understanding of science and the world around me. **CN 0-20a** |
| I recognise that we have similarities and differences but are all unique. **HWB 0-47a** | I am aware of my growing body and I am learning the correct names for its different parts and how they work. **HWB 0-47b** |  |  |
| **Social studies** |
| While learning outdoors in differing weathers, I have described and recorded the weather, its effects and how it makes me feel and can relate my recordings to the seasons.**SOC 0-12a** | By exploring my local community, I have discovered the different roles people play and how they can help. **SOC 0-1Ga** | I make decisions and take responsibility in my everyday experiences and play, showing consideration for others.**SOC 0-17a** | Within my everyday experiences and play, I make choices about where I work, how I work and who I work with.**SOC 0-18a** |
| In real-life settings and imaginary play, I explore how local shops and services provide us with what we need in our daily lives. **SOC 0-20a** | I explore and discover where foods come from as I choose, prepare and taste different foods. **HWB 0-35a** |  |  |

Starting Session :

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| **Technologies *(Digital Literacy E+Os are covered every year* as *an integral part of learning and teaching)*** |
| I can explore computational thinking processes involved in a variety of everyday tasks and can identify patterns in objects or information. TCH 0-13a | I understand that sequences of instructions are used to control computing technology. TCH 0-14a | I can experiment with and identify uses of a range of computing technology in the world around me. TCH 0- 14b | I can develop a sequence of instructions and run them using programmable devices or equivalent. TCH 0-15a |
| **Religious and Moral Education** |
| As I play and learn, I am developing my understanding of what is fair and unfair and the importance of caring for, sharing and cooperating with others. **RME 0-02a** | I am becoming aware of the importance of celebrations, festivals and customs in Christian people's lives. **RME 0-03a** | As I play and learn, I am developing my understanding of what is fair and unfair and the importance of caring for, sharing and cooperating with others. **RME 0-05a** | I am becoming aware of the importance of celebrations, festivals and customs in religious people's lives. **RME 0-06a** |
| I am developing respect for others and my understanding of their beliefs and values.**RME 0-07a** | As I play and learn, I am developing my understanding of what is fair and unfairand why caring and sharing are important. **RME 0-09a** |  |  |
| **Health & Wellbeing** |
| Representing my class, school and/or wider community encourages my self-worth and confidence and allows me to contribute to and participate in society. **HWB 0-12a** | Through contributing my views, time and talents, I play a part in bringing about positive change in my school and wider community. **HWB 0-13a** | I value the opportunities I am given to make friends and be part of a group in a range of situations. **HWB 0-14a** | In everyday activity and play, I explore and make choices to develop my learning and interests. I am encouraged to use and share my experiences. **HWB 0-19a** |
| I am learning to move my body well, exploring how to manage and control it and finding out how to use and share space.**HWB 0-21a** | I am developing my movement skills through practice and energetic play.**HWB 0-22a** | I am aware of my own and others' needs and feelings especially when taking turns and sharing resources. I recognise theneed to follow rules. **HWB 0-23a** | By exploring and observing movement, I can describe what I have learned about it. **HWB 0-24a** |
| I am enjoying daily opportunities to participate in different kinds of energeticplay, both outdoors and indoors. **HWB** \_0 253 | I explore and discover where foods come from as I choose, prepare and taste different foods. **HWB 0-35a** | I am aware of how friendships are formed and that likes, dislikes, special qualities and needs can influence relationships.**HWB 0-44a** | I understand positive things about friendships and relationships but when something worries or upsets me I know who I should talk to. **HWB 0- 44b** |
| I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults **.HWB 0-45a** |  |  |  |

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| **Foundation Milestones** |
| Self and Emotions- Regulation |
| * Attempts to self soothe (may be unconventional)
 | * Tolerates an adult's attempts to intervene when distressed
 | * Accepts redirection when distressed
 | * Uses a range of sensory stimuli, objects and/or activities to self soothe at the direction of

others |
| * Responds to adult support when distressed
 | * Selects a range of sensory stimuli, objects and/or activities to self soothe
 | * Seeks adult support when distressed
 | * Begins to regulate emotional response by using a range of sensory stimuli, objects, people

and/or activities |
| Gross Motor Skills |
| * Shows an awareness of different body parts
 | * Demonstrates control of a body part (for example, stays still, turns head towards a stimulus or reaches hand towards a switch)
 | * Maintains a position (on side, sitting, standing etc.)
 | * Transitions in and out of a position (sitting, standing etc.)
 |
| * Transitions out with centre of gravity and returns
 | * Travels in different ways (crawling, bottom shuffling, rolling, sliding, walking etc.)
 | * Moves in a range of directions

e.g. reaches or moves forward, backwards or sideways | * Starts to control speed of movement
 |
| * Starts to control force of movement
 |  |  |  |