

## From mountain to sea

### Appendix 7

#### Nature Nurture Kit List

##### Transporting and Storage

4 wheeled cart (if possible), such as a garden cart, for longer excursions.  
(or) Large rucksack for adult to carry kit.

##### Essential Kit to be carried by Nature Nurture leader for all sessions.

First aid kit

Mobile phone (check signal in all parts of site)

Emergency contact list

Allergy and intolerances list

Emergency medication as necessary eg inhalers, anaphylactic pen etc.

Session location and co-ordinates or address if off-site. A copy of this should also be left at the school with a list of who is attending the session (both adult and children).

##### Fire

Fire bowl on sturdy legs with grill.

Fire steels for lighting the fire safely (we recommend Muddy Faces 'Dragon Sneezer').

Cotton wool

Petroleum jelly such as Vaseline

Metal tin in which to keep fire steels

Water Container and Fire Blanket

##### Shelter

Large tarp for group shelter.

Smaller tarps for children to build shelters and for sitting on.

Ropes and heavy-duty cordage, such as paracord.

Tent pegs.

##### Play and Learning

Children's nature identification sheets.

Magnifying glasses and bug boxes

Binoculars

Phone for photographs (Nb. Privacy Notice states where and who photographs will be shared in accordance with GDPR regulations)

##### Creating

String and selection of cordage such as wool, raffia, and coloured twine.

Large plastic blunt needles.

White cotton cloth

Whittling knife

Wooden mallets  
Loppers  
Bow saw Handsaw.

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